



FEMALE INNER POWER *Festival*

16-20 January 2022, online



5 DAYS dedicated to rooting you even deeper
into your **FEMALE INNER POWER**

An online festival for women who want to dial up joy & impact in 2022.

This is for women who believe that intuition is a super power, who want to have more success on their terms where they can be all woman and all in their power and that none of this is in opposition.



A woman in her power... radiates!
No matter her look.

MAIN EVENTS

FEMALE INNER POWER FESTIVAL

ALL EVENTS WILL BE LIVE ON ZOOM
REPLAYS IN THE FESTIVAL FB Group

Sunday 16th January

8pm London / 9pm Paris /
3pm New York

Monday 17th January

1pm London / 2pm Paris /
8am New York

8.15pm London / 9.15pm
Paris / 3.15pm New York

Tuesday 18th January

8pm London / 9pm Paris /
3pm New York

Wednesday 19th January

6.15am London / 7.15am
Paris / 1.15am New York

1pm London / 2pm Paris /
8am New York

Thursday 20th January

12noon London / 1pm Paris
/ 7am New York

8pm London / 9pm Paris /
3pm New York

Festival Kick-Off (Zoom - 60 mins)

What is Female Inner Power and how do you access and expand it no matter whether you are busy, have an inner critic working over-time or suffer from anxiety. What are the benefits from tapping into your Female Inner Power and what does it really look like for YOU if you expand your inner power.

3 Ways to Uplift All Your Female Connections and Friendships That Will Strengthen the Power for You and Everyone Else (Zoom - 30 mins)

Why we as women tend to connect on lowest common denominator, the power of female bragging and more.

Ground and Expand Your Power Meditation (Zoom -15 mins)

Plan 2022 from Female Inner Power (Zoom - 90 mins)

Bring your notebook and get ready for the 2022 edition of the celebrated planning workshop.

Female Inner Power Morning Journaling and Ritual (FB group -15 mins)

5 Reasons Why Judging Your Mother Impacts Your Success (Zoom - 40 mins)

Honour the women that came before you to access more of your power.

How to Have it All: On Your Terms! (Zoom - 30 mins)

Festival Wrap Up and Q&A Session on All-Things Female Inner Power: Including Work, Leadership and Business (Zoom 45 mins)

FEMALE INNER POWER FESTIVAL - MORE INFO

How to access the Female Inner Power Festival events: Keep an eye on your inbox - make sure to add noomi@noominatan.com to your trusted contacts and check your spam/promotion folder regularly so you will be up to date with everything.

All sessions will run LIVE on ZOOM - Check your emails for links. Reminders will go out every day. All replays will happen in the Festival FB Group.

Show up live where you can - as the energy is always stronger that way - but if you miss anything we have you covered. Replays for everything will be available in the FB Festival group until 23rd January.

If you want to share the gift of the Female Inner Power Festival with more women tell them to sign up at www.noominatan.com/festival

3 TIPS FOR GETTING THE MOST OUT OF THE FEMALE INNER POWER FESTIVAL

1. Make it a priority. Block time in your calendar for the events you know you want to show up for. Schedule reminders and add some extra time - perhaps for a walk, journal or bath - where you can let the insights integrate and crystalize and expand.
2. Invite friends and colleagues to join you! Tell them to sign up at www.noominatan.com/festival. Your output of the Festival will expand as you share it with others. And you'll be so glad to have other women around you who also attended the Festival after the Festival week, because keeping the vibe alive and implementing is ten-fold more successful when other amazing women are alongside you.
3. Decide that you will get exactly what you need. There is no right way to do the festival. Whether you want to binge it all or just focus in on one or two events, it's all good. Trust yourself and make the experience work for you.

Want to prioritize your connection and expansion of your female inner power?

Come join the Female Inner Power Club. After 6-months of being closed to new members, the Female Inner Power Club will open during the Festival and you can sign up with a very special Festival offer.